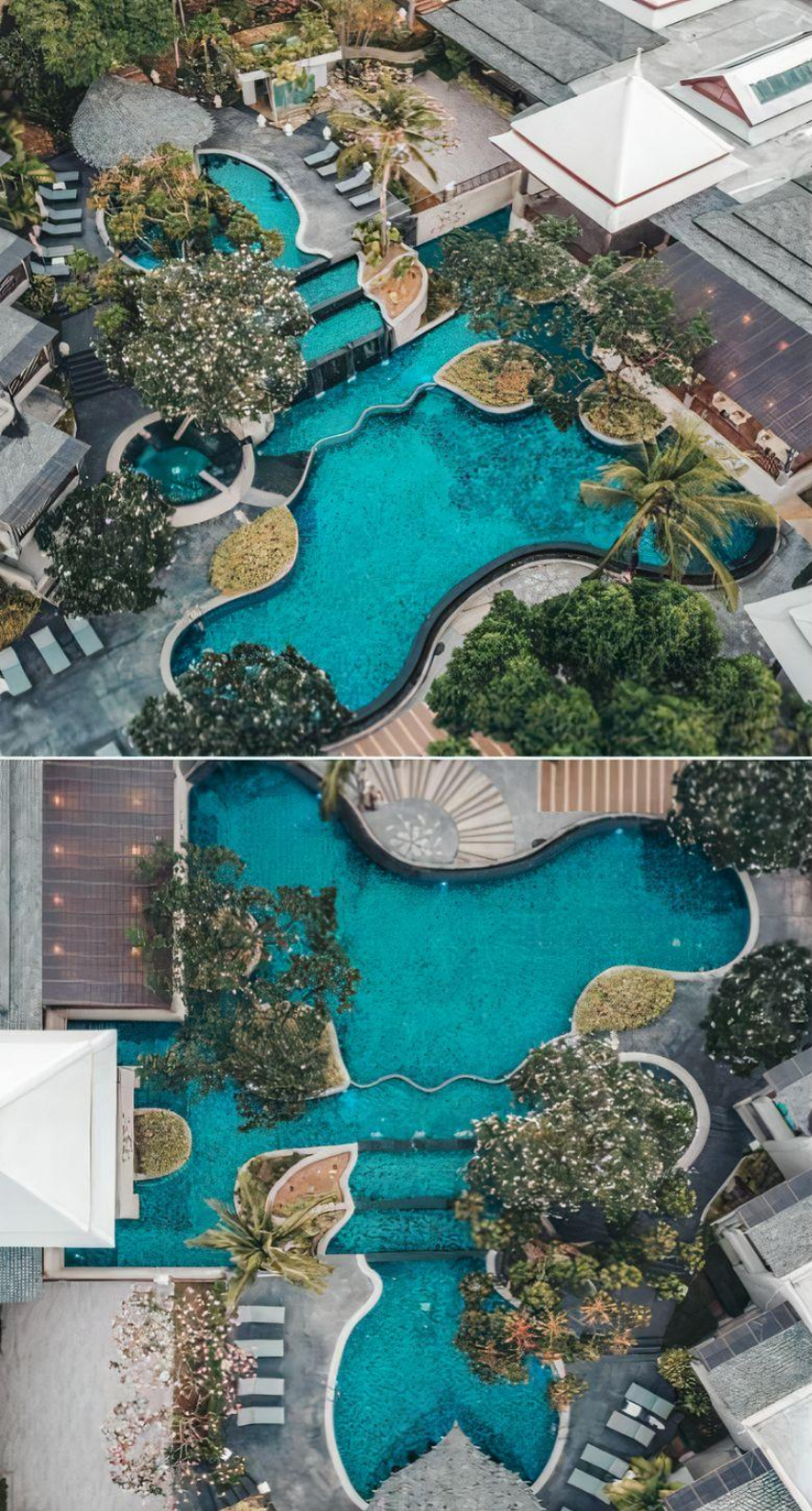




Flow

SPA MENU

Escape into tranquility after a day of island adventures or lounging by the beach. We invite you to relax, rejuvenate, and renew. Our expert therapists are devoted to delivering personalized treatments designed to soothe both body and mind. Whether you seek to ease tension or simply indulge in some well-deserved pampering, we offer a variety of therapies crafted to meet your individual needs. Unwind, and let us guide you to complete relaxation.

THAI MASSAGE - HERBAL TRANQUILITY

60 minutes	700.- THB
120 minutes	1,200.- THB

This therapeutic massage uses Yamong balm and various techniques to target muscle lines, trigger points, and reflex points for deep relief.

HERBAL COMPRESS & THAI MASSAGE

90 minutes	1,800.- THB
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This treatment begins with a Thai massage to relieve tension, followed by aromatic herb compress to enhance your relaxation.

HOT STONE OIL MASSAGE

90 minutes	2,200.- THB
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Smooth, heated stones are placed on key points and used as a massage tool to release deep muscle tension. This soothing treatment melts away stress, and restores balance, leaving you feeling deeply relaxed and rejuvenated.

ORGANIC AROMASSAGE (DETOX)

60 minutes	1,450.- THB
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Specially curated massage oils, blended to promote detoxification, harmony, and stress release, creates a sensory journey like no other.

TRADITIONAL OIL MASSAGE

60 minutes	1,200.- THB
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Traditional oil massage, tailored to your preference. Choose from our oil collection of aromatic elixirs: Romance, Refresh, or Balance

HEAD, NECK & SHOULDERS

60 minutes	600.- THB
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This treatment targets the tension in your head, neck, and shoulders. Let skilled hands ease away stress and discomfort, prompting deep relaxation and revitalization.



Flow

BODY RITUALS

Indulge in our Body Rituals, designed to refresh and rejuvenate your skin without the use of massage techniques. These treatments focus on cleansing, exfoliating, and nourishing the body, leaving your skin soft, radiant, and revitalized. From invigorating scrub to soothing aloe vera masks, our rituals provide the perfect way to pamper your body and elevate your well-being.

EXFOLIATING BODY SCRUB

60 minutes 1,000.- THB

Indulge in our luxurious exfoliating body scrub, carefully selected to revitalize and renew your skin.

Choose from Sesame, Coconut Cream or Coffee Scrub.

SUN SOOTHER

60 minutes 1,300.- THB

A soothing treatment designed to nourish and replenish your skin with exceptional care. Perfect to reduce inflammation and sunburn.

REVITALIZING DUO

120 minutes 2,200.- THB

Treat your skin to both the scrub and body mask. Natural exfoliant gently polishes your skin, preparing it for the veil of aloe vera.

FOOT RITUALS

Treat your feet to the care they deserve with our Foot Rituals. From soothing foot massages to revitalizing pedicures, these treatments are designed to refresh tired feet and leave them feeling rejuvenated.

FOOT MASSAGE - SOLE REJUVENATION

60 minutes 500.- THB

A rejuvenating oasis for your tired feet and legs. Begins with a soak in warm herbal saltwater while our therapist expertly remove dead skin cells. Then feel the tension melt away as your feet and leg gets pampered.

PEDICURE / MANICURE

Pedicure OR Manicure 500.- THB
Pedicure AND Manicure 800.- THB

Clean, Scrub, Nourish and Trimming / Cutting of the Nails and Cuticles.



Flow

FACIAL TREATMENT

Refresh and revitalize your skin with our expert Facial Treatments. Focusing on the face, these treatments include soothing face massages and specialized techniques like lymphatic drainage to promote a radiant, healthy complexion. Let us enhance your natural glow and restore balance to your skin.

LYMPHATIC DRAINAGE (FACE LIFTING)

30 minutes 1,000.- THB

Experience the gentle, yet effective Lymphatic Drainage Massage, designed to stimulate lymph flow, reduce puffiness, and enhance your skin's natural contour. This specialized technique promotes detoxification, improves circulation, and leaves your face feeling lifted and refreshed.

FACE MASSAGE

60 minutes 1,300.- THB

Unwind with our Traditional Face Massage, a soothing treatment that relieves facial tension and promotes relaxation. Using gentle strokes and pressure techniques, this massage helps improve circulation and reduce stress.

PACKAGES

Discover our curated Packages, thoughtfully combining multiple treatments for those seeking a full-course experience or wanting to explore a variety of our offerings.

RENEW & RELAX 1,650.- THB

30 minutes - Body Scrub
60 minutes - Oil Massage

THE EXPLORER 800.- THB

30 minutes - Thai Massage
30 minutes - Oil Massage

MASSAGE & GLOW 2,150.- THB

30 minutes - Body Scrub
60 minutes - Oil Massage
30 minutes - Facial Lymphatic Drainage

FULL SPECTRUM 1,900.- THB

30 minutes - Body Scrub
60 minutes - Oil Massage
30 minutes - Foot Massage

THE SIGNATURE 2,400.- THB

30 minutes - Body Scrub
60 minutes - Oil Massage
30 minutes - Foot Massage
30 minutes - Face Massage

HOLISTIC TRIO 1,300.- THB

30 minutes - Body Scrub
30 minutes - Thai Massage
30 minutes - Oil Massage

EARTH & ESSENCE 3,200.- THB

60 minutes - Body Scrub
60 minutes - Hot Stone Oil Massage

OIL & HERBAL RETREAT 1,800.- THB

60 minutes - Oil Massage
30 minutes - Herbal Compress